# Twin Health

At Twin, we combine advanced medical science with digital twin technology to help people reverse, improve, and prevent chronic metabolic diseases like type 2 diabetes, pre-diabetes, and heart disease. We do it by helping each Twin member improve their metabolic fitness. Our truly precise and personalized approach makes us a service like no other. Our passion and dedication make us a team like no other. The pillars of the Twin Service are our Whole Body Digital TwinTM and dedicated care team; together, they provide each member with individualized attention throughout their healthy journey. Each member’s Digital Twin utilizes wearable health technology to build a dynamic digitalization of their unique metabolism. Our members receive daily guidance from their Twin, and as their metabolism heals, their Twin continues to learn — allowing them to introduce new foods and activities. These daily insights help our members sustain a healthy life, personalized to them. This high-tech precision is supported by a dedicated care team of doctors, nurses, dietitians, and health coaches who provide support, education, and guidance for members throughout their journey. Each person who works on the Twin team shares a mission-driven mentality and interest in helping people. As our team grows, we hold ourselves accountable to a work-life balance that puts us in the best position to help our members.

**Website**

[**https://twinhealth.com/**](https://www.linkedin.com/redir/redirect?url=https%3A%2F%2Ftwinhealth%2Ecom%2F&urlhash=ICDQ&trk=about_website)

**Industries**

Hospitals and Health Care

**Company size**

201-500 employees

**Headquarters**

Mountain View, California

**Type**

Privately Held

**Founded**

2018

**Specialties**

Health, AI, and Machine Learning